



Highlights:

- Anxiety Management
- Individual Counselling
- Marriage Counselling
- Phobia Counselling
- Emotional Balancing
- Couple Counselling
- Parenting Support
- LGBTQ+ Counselling
- Career Counselling
- Family Counselling
- Anger Management
- Spiritual Counselling
- Trauma Counselling
- Conflict Resolution
- Stress Management
- Addiction Counselling
- Self-Esteem Counselling
- Mental Wellbeing for Adults
- Grief and Loss Counselling
- Eating Disorders Counselling
- Life Transition Counselling
- Chronic Illness Counselling
- Corporate Counselling Services
- Self-Understanding Support
- Child and Adolescent Counselling
- Relationship Issue Counselling
- Marriage Preparation Counselling
- Couple Communication Counselling
- Mindfulness and Meditation Coaching
- Work-Life Balance CoStrategies to help Goals

DR. SHAMEENA V.P.




CHIEF PSYCHOLOGIST

FOUNDER & CEO HAPPINESS CENTRE

ASST. PROFESSOR MCT LAW COLLEGE, MALAPPURAM



Courses & Training:

-  Diploma in Learning Disability & Remedial Management
-  Diploma in Guidance & Counselling
-  Certified Skill Diploma in Psychotherapy

CO-ORDINATORS & FACULTIES



MARWA P.
CONSULTANT PSYCHOLOGIST
MSW MEDICAL AND PSYCHIATRY



DALIYA P.
CONSULTANT PSYCHOLOGIST
EXPRESSIVE ART THERAPIST



BUSHRA BEEGAM K.P.
COUNSELLOR



ANAS KARUVATTIL
FACULTY - AL JAMIA, SANTHAPURAM
SENIOR LEGAL TRANSLATOR, QATAR
MAHALLU PRESIDENT, VADAKKANGARA



DR. NAMRATHA P.C.
CONSULTANT PSYCHOLOGIST
BHMS, PSYCHOTHERAPIST



MOHAMMED PARAMMEL
HR MANAGER
MICTCO IT SOLUTIONS PVT LTD
PERINTHALMANNA

ADVISORY COMMITTEE

